Sabbath School Lunch Menu

Week of January 21-25, 2019

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refresh. refuel. relax.

What do I get?

Along with the entrée's listed there is a daily choice of a Hot Vegetable, Crunchy Cold Vegetable, Assorted Fresh Fruit and Diced Fruit.

Chose one main entrée, and up to three side items along with 1 milk. Just make sure your meal has at least one ½ cup serving of a fruit or vegetable,

More info…

If you have any questions, please feel free to contact the food service department at River Rouge Schools at 313-297-9606.

Monday

Tuesday

Chicken Drumstick w/Corn Muffin
Hamburger Patty on Bun
Pepperoni Pizza
Cheese Pizza

Turkey Chef Salad/Roll
Egg & Cheese Chef Salad
Spicy Chicken Sandwich
Cheeseburger Patty on Bun

SPECIALS!
Bar-b-q Cheeseburger
Grilled Turkey n Cheese
Hawaiian Pizza

Let us top your Turkey Sub
Lettuce, Tomato, Pickle, Onion, Jalepeno Peppers

Wednesday

Chili Con Carne with Soft Pretzel
Hamburger Patty on Bun
Pepperoni Pizza
Cheese Pizza

Chicken & Cheese Chef
Egg & Cheese Chef Salad
Spicy Chicken Sandwich
Cheeseburger Patty on Bun

SPECIALS!
Meatball Sub
Grilled Cheese
Cheeseburger Pizza

Let us top your Turkey Sub
Lettuce, Tomato, Pickle, Onion, Jalepeno Peppers

Thursday

Chili Dog on Bun
Hamburger Patty on Bun
Pepperoni Pizza
Cheese Pizza

Turkey Ham Chef Salad/Roll
Egg & Cheese Chef Salad
Spicy Chicken Sandwich
Cheeseburger Patty on Bun

SPECIALS!
Meatloaf Cheeseburger/Bun
Grilled Ham and Cheese
Chicken BBQ Pizza

Let us top your Turkey Sub
Lettuce, Tomato, Pickle, Onion, Jalepeno Peppers

Friday

Walking Beef Taco
Hamburger Patty on Bun
Pepperoni Pizza
Cheese Pizza

Ham Chef Salad/Roll
Egg & Cheese Chef Salad
Spicy Chicken Sandwich
Cheeseburger Patty on Bun

SPECIALS!
Pizza Burger
Cheesy Chicken Sandwich
Meat Lovers Pizza

Let us top your Turkey Sub
Lettuce, Tomato, Pickle, Onion, Jalepeno Peppers

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